

## Features Index

### Issue

- 1        **What is Applied Emotional Intelligence?** Tim Sparrow  
CAEI - Our Mission  
Introduction to the CAEI's Eight Principles  
Feature article – **EI in Organisational Development** Richard Harvey  
Profile of Tim Sparrow, Director of Learning
  
- 2        **EI – Just Another Leadership Model?** Amanda Knight  
Introduction to the CAEI's Eight Principles – **Principle No. 1**  
Feature article – **The Lowdown on EI Measurement (Pt 1)** Tim Sparrow  
Profile of Amanda Knight, Director of Programmes  
An Example of AppliedEI – **Personal Openness**
  
- 3        **Experiential learning and EI** Amanda Knight and Matt King  
Feature article – **The Lowdown on EI Measurement (Pt 2)** Tim Sparrow  
Introduction to the CAEI's Eight Principles **No. 2**  
Profile of the CAEI's partners – **JCA and Activate**  
An Example of AppliedEI – **Regard for Others**
  
- 4        **Educational article on EI and other Constructs** Tim Sparrow  
Feature article – **EI and Conflict Handling** Maureen Bowes  
Introduction to the CAEI's Eight Principles **No. 3**  
Profile of AppliedEI's editor – **Maureen Bowes**  
An Example of AppliedEI – **Goal Directedness**
  
- 5        **CAEI's approach to EI Consultancy** Tim Sparrow  
Feature article – **Developing Teams with EI** Matt King and Amanda Knight  
Introduction to the CAEI's Eight Principles – **No. 4**  
Profile of Matt King, Director Activate  
An Example of AppliedEI – **Interdependence**
  
- 6        **Our man at Nexus – Ray Hobby's conference review**  
Feature article – **Resonance – Leading with the Right Attitude** Amanda Knight  
Introduction to the CAEI's Eight Principles – **No. 5**  
Profile of Ray Hobby – **CAEI Steering Group member**  
An Example of AppliedEI – **Personal Power**
  
- 7        **Feature article – Facilitating Organisational Change** Richard Harvey  
**How the CAEI approach to EI differs from others'** Tim Sparrow  
Introduction to the CAEI's Eight Principles – **No. 6**  
Profile of Richard Harvey – **Steering Group member**  
An Example of Applied EI – **Self awareness**
  
- 8        **The CAEI Certificate Course – A participant's experience** Shane O'Byrne  
**What is an attitude?** Amanda Knight  
Introduction to the CAEI's Eight Principles – **No. 7**  
Profile of David Exeter – **CAEI Steering Group member**  
An Example of Applied EI – **Other awareness**

- 9**      **RAF EI – The role of Emotional Intelligence in leadership development in the Royal Air Force** David Exeter  
**Introduction to the CAEI's Eight Principles – No. 8**  
**An Overview of the Eight Principles** Jo Maddocks  
**Profile of Jo Maddocks – a founder of JCA Ltd**  
**An Example of Applied EI – Trust**
- 10**     **The Applied EI Blog**  
**Applied EI Case Study** Maureen Bowes  
Profile of John Cooper  
**An Example of Applied EI – Trustworthiness**
- 11**     **Senior Leadership – Being the Change** Amanda Knight and Richard Harvey  
**Individual Effectiveness Scale 1: Self Regard**  
**An Example of Applied EI – Self Regard**
- 12**     **Finding the time for Self Development** Maureen Bowes  
**Being in the Zone** Matt King  
**Individual Effectiveness Scale 2: Regard for Others**  
**An Example of Applied EI – All the scales**
- 13**     **AppliedEI – The Conference details**  
**10 reasons to be there**  
**Individual Effectiveness Scale 3: Self Awareness**