



NEW

£795

Applied Emotional Intelligence The Importance of Attitude

An innovative, self-development programme
with Amanda Knight and Maureen Bowes

What you get



Individual Effectiveness

(IE) Profile with 360° feedback

+

Personalised workbook

+

Face to face IE feedback
session with experienced
AppliedEI™ practitioner

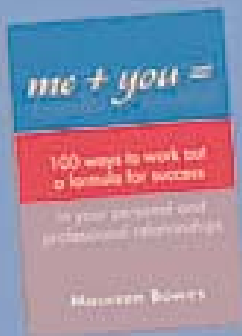
+

2 separate development days
combining the theory of EI with
your personal profiles and
experiential exercises

+



Tim Sparrow & Amanda Knight's
book AppliedEI+



+

Maureen Bowes' book
me + you =

Attitudes affect performance

We all have emotional intelligence (EI) - we all think and feel - and how we think and feel impacts on how we behave and perform. Our thoughts and feelings form our attitudes.

Take this opportunity to discover what your attitude is towards yourself, towards others and towards life. Gain insights into other people and what influences their attitudes.

This programme will show you:

- How EI impacts on individual, team and organisational success
- How to become more effective in your chosen development area
- Small steps to creating the future you want.



Venue

Warwickshire

Dates

Development Day 1

Wednesday 23 May

Individual Feedback sessions

Choice of Friday 8 June or

Saturday 9 June

Development Day 2

Tuesday 26 June

Cost

£795 plus VAT

includes lunch & refreshments on
the development days

Booking

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Enquiries

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Amanda Knight

A highly experienced AppliedEI™ facilitator and coach, passionate about human potential and authenticity. Co-author of '*AppliedEI – the importance attitudes in developing emotional intelligence*', Director of Learning & Development at the CAEI.

Maureen Bowes

Specialises in personal and top team development. Most fascinated, inspired and enthused when facilitating change and development among individuals. Author of '*me + you =*', an AppliedEI™ workbook, and Chair and Director of Quality at the CAEI.